

PK KB LIM 26: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Coachinfo: Warming up from: 08:30 untill 09:25. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M FREESTYLE MEN 11+

Heat:5, starttime: 09:42

Heat: 5/9 Lane : 2 Athlete: SWENDROWSKI MILAN

Q-time: 01:06:70

PB (25m pool): 01:06.70 Maastricht 30/12/2025

PB (50m pool): 01:07.42 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.51		01:06.70	
		00:32.51		00:34.19	
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+

Heat:6, starttime: 09:43

Heat: 6/9 Lane : 5 Athlete: REPRIELS ARTHUR

Q-time: 01:01:67

PB (25m pool): 01:01.67 Maastricht 30/12/2025

PB (50m pool): 01:04.85 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.19		01:01.67	
		00:29.19		00:32.48	
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+

Heat:8, starttime: 09:47

Heat: 8/9 Lane : 1 Athlete: SWENNEN LARS

Q-time: 00:59:46

PB (25m pool): 00:59.46 Maastricht 30/12/2025

PB (50m pool): 01:00.62 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.26		00:59.46	
		00:29.26		00:30.20	
					

Coach feedback:

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Event number: 3: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 09:59	
Heat: 3/11 Lane : 4 Athlete: WOLFS LOLA							Q-time: 03:10:49	
PB (25m pool): 03:10.49 3500 Hasselt 23/11/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.76		01:34.14		02:28.49		03:10.49
	00:40.76		00:53.38		00:54.35		00:42.00	
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:5, starttime: 10:06	
Heat: 5/11 Lane : 3 Athlete: VANDEVENNE FEBE							Q-time: 02:58:75	
PB (25m pool): 03:01.33 3500 Hasselt 28/04/2024				PB (50m pool): 02:58.75 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:01.33
	no time							
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:6, starttime: 10:09	
Heat: 6/11 Lane : 3 Athlete: RIEDL LINDE							Q-time: 02:54:36	
PB (25m pool): 02:54.36 3500 Hasselt 23/11/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.69		01:25.62		02:13.61		02:54.36
	00:37.69		00:47.93		00:47.99		00:40.75	
								

Coach feedback:

Event number: 4: 100M BREASTSTROKE MEN 13+					Heat:3, starttime: 10:34
Heat: 3/4 Lane : 6 Athlete: JANS SEN				Q-time: 01:16:50	
PB (25m pool): 01:16.50 Bilzen 25/01/2026			PB (50m pool): 01:19.71 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.21		01:16.50	
	00:35.21		00:41.29		
					

Coach feedback:

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Event number: 7: 50M BUTTERFLY WOMEN 11+			Heat:3, starttime: 11:25
Heat: 3/11 Lane : 5 Athlete: WOLFS LOLA			Q-time: 00:40:35
PB (25m pool): 00:40.35 Hasselt 12/10/2025			PB (50m pool): 00:42.97 SB: no time
	2 5 M	5 0 M	
PB		00:40.35	
		00:40.35	
			

Coach feedback:

Event number: 7: 50M BUTTERFLY WOMEN 11+			Heat:3, starttime: 11:25
Heat: 3/11 Lane : 7 Athlete: LAPIERRE EMMA			Q-time: 00:41:37
PB (25m pool): 00:41.37 Bree 31/05/2026			PB (50m pool): 00:43.10 SB: no time
	2 5 M	5 0 M	
PB		00:41.37	
		00:41.37	
			

Coach feedback:

Event number: 7: 50M BUTTERFLY WOMEN 11+			Heat:7, starttime: 11:30
Heat: 7/11 Lane : 6 Athlete: RIEDL LINDE			Q-time: 00:35:01
PB (25m pool): 00:35.01 Maastricht 30/12/2025			PB (50m pool): 00:37.29 SB: no time
	2 5 M	5 0 M	
PB		00:35.01	
		00:35.01	
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 13+			Heat:2, starttime: 11:37
Heat: 2/4 Lane : 1 Athlete: SWENDROWSKI MILAN			Q-time: 00:34:27
PB (25m pool): 00:34.27 Maastricht 30/12/2025			PB (50m pool): 00:36.70 SB: no time
	2 5 M	5 0 M	
PB		00:34.27	
		00:34.27	
			

Coach feedback:

PK KB LIM 26: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 8: 50M BACKSTROKE MEN 13+			Heat:2, starttime: 11:37
Heat: 2/4 Lane : 7 Athlete: JANS SEN			Q-time: 00:34:03
PB (25m pool): 00:34.03 Maastricht 30/12/2025			PB (50m pool): 00:35.92 SB: no time
	2 5 M	5 0 M	
PB		00:34.03	
		00:34.03	
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 13+			Heat:4, starttime: 11:40
Heat: 4/4 Lane : 8 Athlete: REPRIELS ARTHUR			Q-time: 00:30:90
PB (25m pool): 00:30.90 Maastricht 30/12/2025			PB (50m pool): 00:33.92 SB: no time
	2 5 M	5 0 M	
PB		00:30.90	
		00:30.90	
			

Coach feedback: